



Kids at Play Therapy

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Dates to Remember

February 20th

CLOSED for Presidents Day
Holiday

Dear Families-

Happy New Year! KAPT is so excited to be growing and expanding. We can't wait to see what new programs are coming, staff we might add, or growth we might see in our kiddos this year. Join us for a great 2017!

-KAPT Staff

Classes and Events

Handwriting without Tears:

Mon:4:00

First/Second Grade Hybrid
course, 12 weeks

Wed: 3:00

Kindergarten Class
12 weeks

Thurs: 11:00

Pre-K Class
12 weeks

Social Skills:

Girls Group:

Tues: 5:00

Boys Group:

Wed: 5:00



A Word from Tanya- 2017 oh boy another new year! We hope that all of our families had a wonderful holiday season and are ready for 2017! How many of us start off the New Year with New Year's resolutions? According to the American Medical Association about 45% of Americans establish health related New Year's resolutions. Establishing New Year's resolutions is a tradition that has been around for thousands of years and

focuses on elements of improvement and well-being. New Year's resolutions for Kids at Play Therapy include:

- Integrate a new phone and messaging system
- Continue to evaluate and plan new programs and groups
- Improve and streamline our processes for scheduling
- Improve staff opportunities for collaboration and planning

We wish all our families a healthy and prosperous 2017, as always we appreciate constructive feedback from our families so if you have an idea about programs or new things you would like to see at Kids at Play Therapy please feel free to bring those suggestions to our attention.

Looking for things to do in the New Year?

Did you know the Exceptional Families Network has events every month that support kids AND parents in their growth and inclusion into community? Lego workshops, Parent night-outs, education, and more! See their Calendar below for more information about what's coming. Remember, things might change so you might want to check in at their website periodically to make sure event dates haven't changed.

JANUARY 2017

WWW.EXCEPTIONALFAMILIES.ORG/EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7 11am - Did You Know advocacy workshop 2pm - Birthday Buddies 2pm - Inspired Movement Troupe
8	9 10am - Coffee & Chat 4pm - Coffee & Chat for Teens/Young Adults	10 5pm - Lego Robotics	11 6:30pm - SFPS Renton support group	12 1pm - Special-O League Bowling 6pm - SFPS Tacoma support group	13	14 2pm - Inspired Movement Troupe
15 1pm - Curiosity Club 2pm - Getting Loopy 3pm - B.B.C. Club & Beading Club	16 4pm - Coffee & Chat for Teens/Young Adults	17 5pm - Lego Robotics 6pm - SFPS Olympia support group	18 10am - Coffee & Chat Puyallup	19 1pm - Special-O League Bowling	20 6pm - Reading Mania 6:30pm - Family Movie & Game Night	21 2pm - Inspired Movement Troupe
22	23 4pm - Coffee & Chat for Teens/Young Adults	24 5pm - Lego Robotics 6:30pm - Parent Advisory Council meeting	25 6pm - SFPS Gig Harbor support group	26 1pm - Special-O Bowling League	27 6pm - Words & Whine book club	28 11am - What to Expect advocacy workshop 2pm - Inspired Movement Troupe
29	30 4pm - Coffee & Chat for Teens/Young Adults	31 5pm - Lego Robotics				***ALL EVENTS IN BLUE ARE AT THE EFN OFFICE IN LAKEWOOD.***
		UPCOMING EVENTS & NOTES: FEB 4 - Poetry Play Workshop in Seattle (4 weeks) FEB 25 - Kids Bowl-a-thon in Lakewood INFO COMING SOON - Coffee & Chat in Olalla				

Like us on Facebook!

KAPT has their own facebook page! Like us and stay up to date on closures, events, and more!

School Based OT: How is it different from Clinic Based?

Parents sometimes think that getting occupational therapy in school as part of a child's IEP might be enough. Many aspects of a child's performance cannot be fully addressed in the school setting however. Outpatient or clinic based therapy is a medical service that is focused on supporting the development of a child in a variety of performance areas including physical performance, social participation and independence in functional skills which will also support the therapy a child gets at school. What can the school OT provide? What benefits can Outpatient OT provide? Below is an article to help explain the differences.

Difference Between School Based and Community/ Clinic Based OT

Children with special needs and their families have access to pediatric OT through both the schools and private/community clinic based programs. A plan of intervention may involve school-based OT only, community/clinic based OT only, or a combination of both. Understanding the differences between these two different practice areas can help families and physicians better coordinate services.

The provision of school-based OT is governed by federal and state laws. OT is a related service to special education and is provided only if the child needs therapy to function in the school setting.

- In the school, the need for OT is determined by the IEP team. The team determines the amount, frequency, and duration of therapy. It is not determined by a physician. The student must qualify for special education for service to be provided.
- In the school, therapy may be provided individually or in small groups by an Occupational Therapist or Certified Occupational Therapy Assistant. Therapy takes place where the intervention is needed such as classrooms, hallways, gyms, lunchrooms, or a separate therapy room. Therapy may also consist of collaborating with educational staff to modify the child's environment and daily school activities.
- Treatment techniques such as heat/cold, electrical stimulation, biofeedback, brushing, and splinting are typically not provided.
- The decision to discontinue therapy is made by the IEP team. This may occur when the student is no longer eligible for special education, when other members of the team can provide the necessary interventions or maintenance of skills, or when the child can perform the school tasks without therapeutic intervention. There may still be a need for community based therapy.

The provision of community based OT is governed by national and state practice guidelines that focus on a child's medical or functional needs in the home or community settings.

- In community based OT, the physician, family, and therapist make the decision regarding the amount, frequency, and duration of therapy recommended. The amount of therapy may be affected by coverage from an insurance company, Medicaid, or other funding sources.
- In community based OT, therapy may be carried out by an Occupational Therapist or Certified Occupational Therapy Assistant. Individual home programs or caregiver training are usually part of the service to encourage carryover outside of treatment.
- Treatment techniques such as heat/cold, electrical stimulation, biofeedback, brushing, and splinting may be provided.
- The decision to discontinue therapy is based whether functional skills have been achieved, a plateau in progress is reached, participation in OT is limited due to various circumstances (such as insurance restrictions or absences), or discharge is requested. There may still be a need for school-based therapy.

Please visit this website for the article: <http://www.besd53.org/Page/1160>

Employee Highlight:

A brief questionnaire to get to know the staff

Bailey Harris: Office Administrator

1. **Tell us briefly about your background:**

I grew up in Orting Washington and was Homeschooled through high school. I attended a nine month Hospitality program in Vancouver Washington and graduated with a certificate under Hotel, Event, and Restaurant Management. I worked as the sole manager at a small boutique hotel in Dundee Oregon for 2 years and then moved back to Washington to be near family.

2. **How did you come to work for KAPT?**

I have two younger brothers that have been attending KAPT since they were babies. There were times that I would come in with them for their appointments, and I always enjoyed the environment. As I was looking for work my mom had told me that I should apply here at KAPT, and she got the idea from Patti. I applied and was so excited to be contacted. I am so glad to be here!

3. **What is your favorite part of working here?**

My favorite part of working at KAPT is being around the families. I enjoy seeing the kids come in and I enjoy building relationships with the families. I also love the KAPT team, everyone here is so wonderful.

4. **Fun things: Favorite Starbucks Drink:** Chai Latte & Strawberry Acai

5. **Favorite color:** Purple (but it changes all the time)

6. **Three things you like to do for fun:** Hiking, Photography, Netflix

7. **Something unexpected:** When I was 19 years old, with no work experience in hotels, I was hired to be the sole manager at a Boutique Inn, working side by side with the owner to run the Inn.